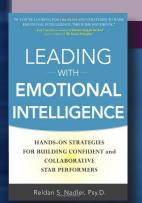




Tools for Top Performance

Executive Coaching and Training
Leadership Skills for a VUCA World
"Volatile - Uncertain - Complex - Ambiguous"



Relly Nadler, Psy.D., MCC

Corporate Psychologist | Master Certified Coach Master Emotional Intelligence Trainer | Speaker and founder of

True North Leadership, Inc.

Dr. Nadler brings 30 years of leadership experience helping executives and their teams to bring their best to their challenging environments. Drawing from his expertise in Emotional Intelligence, Peak Performance strategies, Positive Psychology and Brain Neurosciences, he designs practical training and coaching interventions to be top 10% performers.

"If you stay on automatic you stay average, doing a few things differently can help you excel consistently."

world's foremost executive coaches, provides executives with detailed and easy-to-use practices to make you and your

leaders superstars."

"Relly Nadler, one of the

~Jeffrey Auerbach, Ph.D., President, College of Executive Coaching, Pismo Beach CA

Coaching Works: Impressive ROI of 500-800%

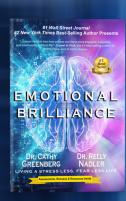
Better Leaders = More retention, productivity, engagement and innovation

Key Leadership Research

- The manager has a key role in the organization. Gallup (2023) found that managers have 70% influence over the climate of their team.
- 98% of coaching clients said their coach "provided practical, realistic, and immediately usable input" and helped them "identify specific behaviors that would help me achieve my goals." (Center for Creative Leadership study, 2016)
- 90% of top performers are also high in EI. (Bradberry, 2023)











"Relly Nadler is the best I have seen in Leadership Development. Our leaders use his tools in Leading with Emotional Intelligence, daily."

~Myron Jones, President, NMB Technology Corporation, Chatsworth, CA

The most <u>economical</u> way to <u>develop and align</u> your leaders

<u>Individual Coaching</u> – for peak performance, coaching and development tips for each of your people, integrating 36o-degree feedback, enhancing work-life balance, and learning cutting edge tools.

<u>Leadership Training</u> – Change Leadership, Leading Virtually, Resilience, Emotional Intelligence skills, Self Management, Team Effectiveness, Decision Making.

<u>Team Training and Coaching</u> – Emotional Intelligence leadership, MBTI for the team, Expectations, Leadership Keys tools, Team coaching to be high performing, developing talent and stakeholder sessions – peers, boss, others.

<u>Assessments</u> – Myers-Briggs Type Indicator (MBTI), Emotional Quotient Inventory, EQi, 2.0, StrengthFinder, 2.0, Hardiness and Resilience Gauge, 360-Degree Feedback.

<u>Bench Strength Program</u> – Skills building for your next level leaders with Pre and Post assessments, Executive Coaching, team coaching, leadership training topics.

Relly is the author of eight best-selling leadership and team performance books, Psychology Today blogger, Leadership Development News podcaster, a sought-after speaker and consultant on leadership, teambuilding, executive coaching, emotional intelligence, and peak performance. He has worked with over 225 orgagnizations, 15,000 leaders, and trained over 1500 leaders to be certified coaches. Clients have included:

























What People are Saying...

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~Myron Jones, President, NMB Technology Corporation, Chatsworth, CA

"Our company has realized an ROI that exceeded our expectations because of the training and coaching from Relly Nadler and captured in Leading with Emotional Intelligence. We have improved our ability to promote from within, have improved employee retention, and our leaders have integrated many of the tools explained in Relly's book into their management technique." ~Jim Snell, President, Shield Healthcare, Inc. Valencia CA

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~Jeffrey Auerbach, Ph.D., President, College of Executive Coaching, Pismo Beach CA

"Dr. Relly Nadler masterfully prepared our senior management team for the changes required to prosper in the new economic reality. His deft coaching not only strengthened the team to operate more cohesively but empowered each manager to be more effective leaders in their own right. We just completed our most successful year in our 35 year history. Thanks for your contribution to this wonderful result."

~Paul J. Menzel, CLP, Past President & CEO, Financial Pacific Leasing, LLC, Seattle,WA

"Dr. Nadler has helped us develop our succession plan and trained over 100 of our leaders to be High Performing. He also has enhanced our climate and culture with employees using more of their 'discretionary effort.""

~Sherrell Reefer, Director of HR, Pacific Capital Bank, Santa Barbara, CA

"When 425 attendees of the True North Leadership training classes were asked to rate the training provided to them, the average rating was a 9.3 with a 10 being 'the best training I've ever had."

~Jodi Dicenzo, HR Director, DreamWorks Animation, Glendale, CA

"Relly Nadler is an energetic captivating leader who teaches by example. The learning which occurs is rich, powerful and fun."
~Rebecca Rueben, Ph.D.